



- Elder Caregiver and Companion – Fulfill the special needs and requirements that are unique to senior citizens, providing non-medical care and general companionship.
  - Perform light housekeeping duties, including dusting, vacuuming, mopping, changing bed linens, cleaning food preparation areas and bathrooms.
  - Assist with errands and shopping, for example groceries, prescriptions, and dry cleaning.
  - Prepare meals and accompany the employer at mealtime, cleaning up after meals.
  - Wash, dry, and fold laundry.
  - Make appointments and arrange transportation to and from appointments, accompanying if necessary.
  - Assist with personal hygiene matters such as bathing, hair and skin care, dental care, disposable pads and garments, etc.
  - Provide general companionship, for example playing cards, watching movies, and making conversation.
  - Travel with the employer in winter months to a warmer climate, providing the same services.
  - Optional - Nursing care provided by RNs or LPNs.